

METRO Source

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Healing through the power of the mind

A wheelchair-bound man is able to walk again for the first time in 10 years thanks to treatment by Master Behnam Saghafi, owner of Advanced Hypnosis of Amherst.

Roma Mandzyk
REPORTER

Tim Morgan, 36, of Steamburg – a town near Olean – lost the ability to walk more than 10 years ago in an accident involving injury to his head.

Confined to his wheelchair, Morgan was able to crawl on the ground using his hands and feet – but unable to stand or walk.

He consulted with numerous doctors and psychologists with no success. That is until his primary physician Dr. Zia Shiekh recommended that Morgan consult with Saghafi.

“It’s a very fascinating story really,” said Saghafi, a certified hypnotist, who holds a doctorate, is a graduate of the University at Buffalo, and is a grandmaster in Tae Kwon Do. “After one session with me, he was able

to start walking.” As Saghafi explains, Morgan was aided through the power of suggestion, which helped him overcome his fear of walking.

“After he fell 10 years ago, he seemed to block his ability psychologically. I motivated him to believe in his own powers.”

According to the Archives of General Psychiatry – a medical journal – modern imaging techniques demonstrate that hypnosis does have an effect on altering brain functioning. It has been proven to be effective for pain relief, asthma, anxiety, and other conditions.

Saghafi is quick to point out that Morgan’s success is based on more than just hypnosis.

“Regular hypnosis is just looking at tapes, but individualized methods make the difference. You meet the client, sit and talk with them and evaluate their physical and mental condition.”

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Behnam Saghafi

Walking

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Using a combination of methods involving martial arts methodologies, coaching and hypnosis – a unique blend Saghafi said he created 25 years ago – Morgan was able to be motivated to walk after a decade of limited movement.

“I motivated him to believe in his own powers and realize that walking was much better than sitting in a wheelchair,” explains Saghafi. “I don’t have special powers or anything like that. I just believed that he could do it, and now he believes that he can do it.”

Today, Morgan is able to stand, move around with the assistance of a medical walker, and even dance with the help of a partner.

Morgan is continuing his sessions with Saghafi and gradually improving his ability to walk.